

# Transfer Chair

## GUIDE FOR INSTALLATION AND SAFE USE

### What is a Transfer Chair?

The Transfer Chair is designed to assist people with mobility issues, or those recovering from surgery, to safely bathe. It can be used to transfer into both a bath and a shower, it allows transfers over a high shower hob or where the user has difficulty climbing into a standard bath.

### Installation prior to first use

All instructions contained within this document should be used alongside any information provided by your occupational therapist. This product should only ever be used for its intended purpose as described in this document.

- 1. Choose the right location:**
  - Ensure there is enough space around the chair for safe entry and exit.
  - The chair's handle should be placed inside the bath or shower.
- 2. Prepare the shower:**
  - Remove any unnecessary items from the shower floor to ensure the chair's feet can grip securely.
  - Ensure the water is properly draining to prevent water pooling.
- 3. Adjust height:**
  - Height should be adjusted to allow the user to sit and stand with ease. The seat height should be adjusted to a position that is most comfortable for the user.
  - Each individual chair leg can be adjusted to maintain a flat and level Transfer Chair.
  - Your occupational therapist can advise you on what is the appropriate height and width settings best suited to you.
  - Check all buttons are firmly locked in place. These should be checked and relocked after any adjustments.
- 4. Secure the frame:**
  - Ensure that all four nonslip feet are positioned firmly on the floor and the chair is sitting evenly.
  - The chair's suction cup feet should always be placed in the bathtub or in the area of the shower that is exposed to the most water.
- 5. Test stability:**
  - Once assembled, gently test the stability of the seat by applying slight pressure. It should feel secure and not wobble. Adjust as required. Always ensure all buttons are locked and secure after any adjustments.
- 6. Safe working load:**
  - This product has a safe working limit of 250kg, never put loaded weight of more than 250kg on this product.

### Safe use

- 1. Preparation:**
  - Prior to showering or bathing ensure that everything you need is easily accessible and the area around the Transfer Chair is clear to allow for unobstructed movement.
  - Anti-slip floor mats are recommended at the entry and exit point of the shower or bath.
- 2. Transferring into shower or bath:**
  - Position yourself so that your back is to the Transfer Chair and move backwards slowly until you feel the seat behind you.



- Slowly lower yourself down onto the end of the Transfer Chair. As required, use any grab rails or other support rails installed in your shower or bathroom to assist.
  - Slowly slide along the Transfer Chair until you are positioned with your back on the back rest ensuring the handle is within easy reach.
  - Your occupational therapist can advise the best practice most suitable to your circumstances.
- 3. Getting off the Transfer Chair:**
    - Slowly slide along the Transfer Chair until you are at the end of the chair.
    - Make sure your feet are evenly and securely placed on the floor.
    - Move your bottom slowly to the front of the seat.
    - Slowly raise yourself into a standing position, always lead with your head and shoulders to maintain balance. Where required, use any grab rails or aids installed in the shower or bathroom to assist.
    - Your occupational therapist can advise the best practice most suitable to your circumstances.

### Cleaning & maintenance

- Ensure that the Transfer Chair is regularly cleaned with a mild disinfectant.
- Transfer Chair fittings should be regularly checked to ensure secure attachment.
- **Never use** if the Transfer Chair is or appears to be damaged, the product may require replacing.

### Product safety

#### Type B Product for domestic use.

- Your occupational therapist will provide specific recommendations tailored to your circumstances for use of this product. Instructions contained within this document are designed to be used in conjunction with occupational therapist recommendations.
- Anti-slip shower mats are recommended at the entry and exit points.
- Always ensure that the Transfer Chair is stable prior to use.
- Always have everything you need in the shower or bath within easy reach prior to use.
- **Never attempt to move the product while under load.**
- **Never have more than one person using the Transfer Chair at any one time.**
- **Never load more than 250kg on the product.**
- **Never use the product if there are any signs of damage.**
- **Never use this product in anyway other than the intended use as disclosed within this document.**
- **If there is anything that you are unsure about in this document, please consult your occupational therapist.**